

# HOPE RECOVERY HOMES

## A Long Term Residential Recovery Program

### Program Rules Overview

(Revised 8/25/10)

1. Upon entry to Hope Recovery Homes (HRH) you will be charged a one- time resource fee of \$50 and program fees will be prorated for the week at 15.00 per day. Our program week is Sunday through Saturday. Initial \_\_\_\_\_
2. The program fee is \$100 per week, due in full on Sunday night by 6pm of each week for the week to come and will be collected by the HRH Manager (always paying one week in advance). This fee includes a place to live and all program elements. You will be responsible for living expenses, i.e. food, personal hygiene, laundry items. Initial \_\_\_\_\_
3. The program fee is not a rental fee, but rather a weekly program fee. Any violations of the rules may lead to disciplinary action to include, loss of privileges, fines, and/or a request to leave HRH immediately. There is no Landlord-Tenant relationship between the participant and HRH, so there are no rights to stay, except by abiding with all rules and directions of staff.  
**Program fees are non refundable.** Initial \_\_\_\_\_
4. Once accepted into HRH participants are to call the HRH Manager (Bill Santoni @ 252-269-3327) for instruction on what to bring into the homes. Initial \_\_\_\_\_
5. Participants are expected to search diligently for and find employment as quickly as possible. If a participant is unable to work due to a permanent disability, fees must be paid each month in advance out of disability payments, and volunteer service work is expected, as possible. Participants should generally be out of HRH between 9am and 4pm working, seeking work, attending treatment or recovery meetings, or performing volunteer or community service, unless their work is in the evenings. While unemployed, each participant will give service to the Hope Mission Community Kitchen or other designated assignments. Initial \_\_\_\_\_
6. Participants are expected to follow all internal HRH rules that will be listed in the recovery house and will be explained by the HRH Supervisor (HRHS) and or HRH Manager (HRHM). Violations of these rules will carry fines, loss of privileges, or possible termination from the program. The HRHS/HRHM is responsible for the safe and smooth operation of the house and for insuring that all participants follow all rules and attend all meetings. The HRHSs/HRHM has authority to breathalyze / drug test at will, and if necessary ask any participant to leave immediately for insobriety or excessive violation of the house rules, or for generally not being willing to follow the spirit of the program of recovery. Continued violations of HRH Rules will result in increasing loss of privileges and/or monetary fines, which will be due the week of occurrence. This penalty system will be fully explained at check-in to the program. Any

decision affecting a participant monetarily, or which might lead to a loss of privileges or termination from the program, or any treatment the participant feels they have wrongly received may be appealed immediately in writing to the HRH Systems Executive Director.

Initial \_\_\_\_\_

7. The program at HRH will include meditations, house meetings, and HRH Programs, including reading assignments and homework, all of which are expected to be done as instructed to further your recovery. Initial \_\_\_\_\_
8. Mentor / Sponsors will be assigned to you. AA Old School will become your AA Home Group. Initial \_\_\_\_\_
9. Attendance at faith-based programs and studies are a regular part of our recovery program. We, like AA, are a spiritual program of recovery, and attendance at all program meetings is required, unless previously excused by the HRHM, this would include illness. Initial \_\_\_\_\_
10. Participants must record their coming and going from the HRH at all times by completing a house log book and by informing the HRHSs of your whereabouts at all times. This is an issue of your recovery, and will not be overlooked. Participants desiring to leave the house for longer than 24 hours must have submitted a written request one week in advance. The request form is available from the HRHSs. Initial \_\_\_\_\_
11. Participants will observe a 10 pm curfew every night, except when approved by the HRHM for family or sponsor visits, or for nightly work schedules. Initial \_\_\_\_\_
12. Guests are not allowed in the house at any time. Approved guests(close family, etc.) will be allowed on the outside house porches on Saturdays from 10am-8pm ONLY. Special exceptions may be made for children and immediate family members in advance of their arrival. Off-Property family visits are encouraged whenever possible. Initial \_\_\_\_\_
13. If a participant has been asked to leave by HRHM or the HRHS for whatever reason, participant agrees to **immediately** leave the premises. After that, participant has 24 hours to retrieve any remaining personal property. HRH will not be responsible for the loss, theft, or destruction of personal property or other valuables. Participation in the program is at the Participant's risk. Initial \_\_\_\_\_
14. Participants are subject to random drug and/or alcohol tests and room searches at any time. Participants should expect to be tested for drugs and alcohol at least once a week. Participants must maintain themselves in an alert orientation at all times. **If your prescription meds cause you to be groggy or to oversleep, then they MUST be changed by your doctor.** No narcotics will be allowed in HRH and certain non-narcotics will be examined on a case-by-case basis. Drugs such as Seroquil, Tramadol, Percocet, Ambien and other sleep aids, and other "anxiety" drugs(Zanax and the like) will most likely not be allowed, as we have found them to have troubling side-effects and addictive characteristics. Initial \_\_\_\_\_

15. Participants are expected to behave in a mature adult manner, and at all times live in a manner consistent with residency in a faith-based spiritual program of recovery. The use of profanity and aggressive behavior will not be tolerated for any reason. Initial \_\_\_\_\_

16. Participants may not fraternize, date or hang out with any HRH participants, men of the Homeless Shelter or Hope Mission/ HRH staff members. Participants may not enter into inappropriate coupling relationships while in the program. Participants may not date for the first 90 days in the program, and thereafter only with the approval of the HRHM. Initial \_\_\_\_\_

17. Participants will be dismissed from the program immediately for any of the following:  
a. Possession of illegal drugs or alcohol ON or OFF property, or failing a drug or alcohol test.  
b. Threatening or violent behavior, or being "high" or drugged-out in any way observable.  
c. Theft, lying, and open disrespect to others. Initial \_\_\_\_\_

I have read, understand and accept the terms set forth above and further agree to abide by any and all rules and directions given by the HRH Staff Members.

\_\_\_\_\_  
Recovery Applicant's Signature

\_\_\_\_\_  
DATE

Print Full Name: \_\_\_\_\_

House Supervisor Approval: \_\_\_\_\_

Homes Manager Approval: \_\_\_\_\_

Any Questions/Comment, feel free to contact Executive Director/Recovery System Director Pastor Gene McLendon 252-241-3196 or 252-240-2359 any time. Email: [hmcm@ec.rr.com](mailto:hmcm@ec.rr.com)

PLEASE FAX THIS COMPLETED APPLICATION TO HOPE RECOVERY AT 252-726-7681, (if someone answers, or if an answering machine picks up, continue by pressing "send" and it will accept the fax). Someone on staff will be in contact with you or your treatment manager within 24 hours.

Hope Recovery Address: Post Office Box 1438, Morehead City, NC, 28557 / Main Tel: 252-240-2359.

Thank you for your serious interest in your recovery and in Hope Recovery Homes!